





## Dear Community Partner

Premier Health is grateful for the many partnerships that strengthen our ties with the communities we serve. They help inspire our mission: *We Care. We Teach. We Innovate. We Serve.* As one of the pillars of our long-term strategic plan, these collaborations are critical in helping us build and develop our workforce, achieve operational excellence, and bring health care services where they are needed most.

This annual Community Impact Report highlights a few of these alliances and how we continue to invest in our communities. To provide a complete picture for a full year, the data we share are for the previous year's activity. For 2023, Premier Health invested nearly **\$252 million in community benefits**, including more than **\$189 million in free care** and other unpaid services to families in need. These projects and services directly reflect the commitment and dedication of our physicians, staff, volunteers, and community partners.

This report offers a few examples of our mission in action across Southwest Ohio as we strive for excellence by becoming an academic medical center; keep student athletes safe and supported; and bring health care access to people where they live.

Thank you for your continued support of good health in our communities. If you have any questions about the information shared in this report, or any other community benefit information for Premier Health, please contact Nick Lair, president, Fidelity Health Care, at [jnlair@premierhealth.com](mailto:jnlair@premierhealth.com), or Lynn Foubert, director of Premier Community Health and care management, at [lmfoubert@premierhealth.com](mailto:lmfoubert@premierhealth.com) or (937) 208-7953.

Sincerely,

Michael C. Riordan  
President and CEO, Premier Health



## Building Healthier Neighborhoods

Premier Community Health (PCH) is partnering with Dayton nonprofit Omega Community Development Corporation (CDC) to deliver care to the Hope Zone Promise Neighborhoods -- an initiative that aims to support 6,700 children and 3,400 families living in 17 neighborhoods in Northwest Dayton. The overall goal is to help families break the cycle of poverty.

Through this partnership, PCH offers a variety of services, such as health screenings and flu vaccinations. This partnership prioritizes education, using an upstream approach to tackle the root causes of health issues. This involves raising awareness about preventive measures and providing early detection services, which can help people avoid or manage chronic conditions more effectively.

Another way in which PCH brings health care services directly to residents is through the Mobile Clinic. Its purpose is to foster an environment that not only

provides immediate care, but also empowers individuals to actively engage in their health and wellbeing. The team's educational Look & Learn booths, often set up alongside the Mobile Clinic, are a way to engage kids through education on various health topics. One of the booths is titled *Engage Your Senses*, and it allows kids to learn how using all five senses can ground them to the current moment to help promote mindfulness and control anxious thoughts.

"We have the kids pick a candy and give them the task to place it on their tongues. We ask them to describe the different flavors and highlight the tongue's role when detecting the flavor," said Sumayyah Shermadou, program manager, Premier Community Health. "We have them shake a can with coins and ask them to guess what they are hearing. The kids enjoy our sensory exercises, and adults enjoy the booth as well. Who couldn't use a moment of mindfulness?"

PCH's other Look & Learn displays share information about eating nutritionally on a budget and making healthful food substitutions. Participants can talk with a lifestyle coach about health and healthy behaviors. Both kids and families have found the information helpful.

PCH's collaboration with Omega CDC began in September 2024, and will continue into 2025 with events rotating between the 17 Hope Zone Promise Neighborhoods that are bordered by Gettysburg Avenue, Siebenthaler Avenue, Riverview Avenue, Riverside Drive, and James H. McGee Blvd.

The Premier Community Health team and Mobile Clinic team know that sometimes to drive wellness in our communities, they need to meet people where they are to better connect them to the care they need. The Hope Zone Promise Neighborhoods and their new partnership with Omega CDC are helping the team reach out to more neighbors.

# On the Field and In the Classroom

This past summer, Dayton Public Schools (DPS) approved an agreement with Premier Health that provides athletic training services for the school district's high school athletic programs. The agreement provides six athletic trainers to cover all varsity and junior varsity Ohio High School Athletic Association (OHSAA) sanctioned sports and will run for three three-year terms, or a total of nine years.

Premier Health now provides athletic training and/or physician services to 40 local high schools, as well as three universities, making the health system the largest sports medicine provider in the region.

"We are very excited to partner with Premier Health to benefit our high school athletes," said Dr. David Lawrence, superintendent of Dayton Public Schools. "Student safety is our top priority, and having skilled athletic trainers at our practices and athletic events will ensure athletes are always in a safe environment and receive the support they need. This athletic partnership, along with the many academic and work preparedness opportunities, continues our efforts to work closely with local corporations and businesses to provide support for our children."

"Premier Health and Miami Valley Hospital are delighted to support athletic programs at Dayton Public Schools, in addition to existing academic programming," said Michael C. Riordan, president and CEO of Premier Health. "These athletic training services further strengthen the bond between our two organizations and exemplify our mission: To Care. To Teach. To Innovate. To Serve."

The athletic training agreement is yet another example of ongoing collaboration between the school district and Premier Health. An academic partnership has been in place and continues to grow, creating an inspiring learning environment where life experiences help students fulfill their potential and discover possibilities for the future.

Premier Health's Learning Institute focuses on work-based learning, career exploration, speaker series, and mentorship opportunities. Work-based learning programs strengthen curriculum and create pathways to help students with college and career readiness upon graduation. DPS students within the career technology areas of pre-nursing, exercise sciences, surg tech, and pharm tech can participate in onsite job shadowing and

externships to gain insights and hands-on experience.

A comprehensive speaker series for students centers around career exposure and life skills development. DPS students get the opportunity to spend time with leaders to ask questions and benefit from their experience and knowledge while learning about a wide variety of careers.

Additional mentorship program and career exploration opportunities are made available to students, such as the Surgical Symposium collaboration between Wright State University's Boonshoft School of Medicine and Miami Valley Hospital. This event introduces students to the variety of careers within the surgical field and provides a networking opportunity between high school and medical students.

Providing learning experiences for the many health care career choices available to Dayton area youth creates a winning scenario for DPS students, Premier Health's future workforce, and the community as a whole.



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— Michael C. Riordan  
President and  
CEO of Premier Health



## Striving Together for **Medical Excellence**

Premier Health and Wright State University have forged a genuine partnership that is focused on improving health services in the community and expanding educational opportunities for medical students.

"It's not a culture of me, Wright State, or me, Premier Health," observed Gregory Sample, executive vice president and chief operating officer for Wright State University. "We are truly developing a culture of 'we' and that's going to be transformational."

A newly formed joint operating committee has been meeting regularly, co-chaired by Sample and Chad Whelan, MD, chief operating officer for Premier Health and president of Miami Valley Hospital. Significant progress has been made toward the goal of establishing Miami Valley Hospital as an academic medical center, or a hospital that provides patient care and educates health care providers in partnership with a medical school.

Other top priorities include enriching allied health programs and expanding the student class size of the Wright State University Boonshoft School of Medicine. "Together, we will be expanding our footprint in primary care," Dr. Whelan said. "It will not be long before we are able to offer clinical services that are not offered today."

Using the model that "everything is being done together," Dr. Whelan said, Premier Health and Wright State have established board interlock, as well as working groups co-chaired by leaders from both organizations. Key collaborations include the development of new academic programs in allied health fields and the naming of a dean of the School of Medicine who will, for the first time, also serve as chief academic officer for Premier Health.

Both Wright State and Premier Health board chairs serve as ex-officio members of the respective boards. "We are experiencing the reality of what was put on paper," Sample said. "Both of those interactions have provided a deeper conversation level on the board."

The partnership already has produced tangible results, such as the recent opening of the Center for Health Professions at Wright State, which pairs students with professionals in the health care field for guidance and consultation. And the proposed academic medical center has become a tremendous asset in recruiting medical staff, Dr. Whelan said.

Within the next several years, Premier Health will significantly expand its residency and fellowship opportunities at Miami Valley Hospital, and eventually Atrium Medical Center and Upper Valley

Medical Center. Such initiatives will enable medical students to remain in the greater Dayton area for the next step in their training. "Studies have shown that students have a high likelihood of staying in the community for their entire career if they go to medical school and complete their residency in the same market," Dr. Whelan said.

While attending a recent conference of the American Association of Medical Colleges, Dr. Whelan encountered intense curiosity about the partnership. "Approaches such as the board interlock and the joint operating committee are gaining a lot of attention outside of our community," he said.

"Rather than decisions being made in the best interest of one organization alone, you now have a major academic institution and a major health care system making decisions jointly for the health care of the region," Sample said.

Dr. Whelan agreed. "Both organizations are really focused on the community. And the thing that has gotten people excited is the feeling that this is bigger than us – and that the real return on investment is the health of our community."



## A Shared Commitment to Community Health

As Premier Health's southernmost and northernmost hospitals, Atrium Medical Center and Upper Valley Medical Center (UVMC) may serve different populations, but they share the same strong commitment to understanding and meeting the needs of their communities.

"In community surveys, we hear time and again that residents want a local hospital that meets their needs," observed Kevin Harlan, president of Atrium and UVMC. "They understand that you can't be all things to all people. But because our hospitals are associated with a larger health system, we can more easily get our patients to where the services are located."

The seamless coordination of care within the Premier Health system makes it possible for many patients to receive treatment close to home. Through online consultations via Telehealth or stroke telemedicine, for instance, a treatment plan can be developed without transferring the patient to another hospital. In addition, top specialists come to the patients by traveling between hospitals.

These efforts to enhance convenience and accessibility of health care extend far beyond the hospital walls, with

programs ranging from an increase in mobile health units to elementary school programs promoting healthy lifestyles at a young age.

To further advance community health, hospital leaders meet regularly with mayors and city managers, health department officials, and development directors. These close community ties have led to innovative initiatives, such as UVMC's partnership with the Miami County YMCA and Middletown's Neighborhood Stabilization Program.

Upper Valley Medical Center's major funding support for the new Piqua YMCA branch exemplifies the hospital's longstanding partnership with the Miami County YMCA. "This collaboration has provided opportunities for improved health and wellness for Miami County residents for many years," noted Jim McMaken, executive director of the Miami County YMCA. "The UVMC Parent Board's generous support further solidified that relationship and helped to ensure the new Piqua branch would become a reality. We knew a project of this magnitude would take a strong commitment from our long-term partner, and they answered the call. Miami County is so fortunate that the UVMC Parent Board uses its

Community Benefit Fund to support the infrastructure and programs that are making our community healthier and stronger."

As the health partner to the YMCA, UVMC provides on-site services and programs, such as athletic trainers who can screen for injuries and coordinate referrals to other health care providers.

The Atrium Medical Center Foundation has established a Healthy Housing initiative that focuses on stabilizing neighborhoods and reducing local health disparities. The foundation currently provides nine housing units for 25 residents between the ages of 10 and 70, assisting them with health information and resources, as well as opportunities for home ownership when their financial situation improves.

The results are quantifiable. Research by the Journal of the American Medical Association has shown that stable housing can increase life expectancy by 27 years and reduce emergency room visits by 50%.

"These initiatives are truly making a difference in the lives of residents," Harlan said.

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— Kevin Harlan  
President, Atrium Medical Center and Upper Valley Medical Center



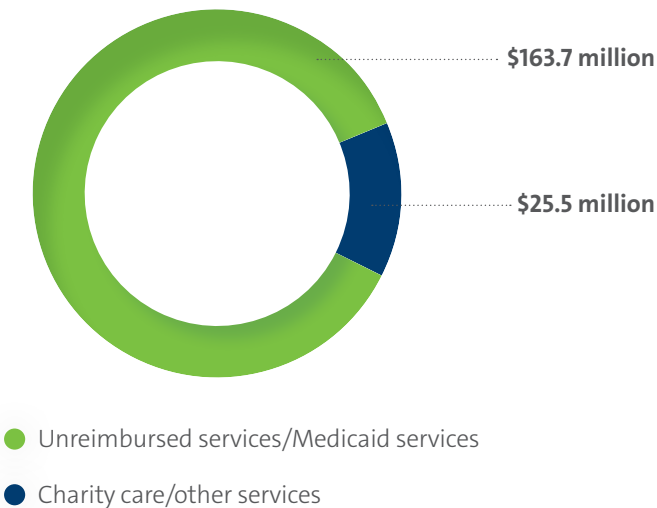
## Premier Health Vital Statistics for 2023

Physicians.....	1,731
Specialties.....	79
Employees.....	13,593
Volunteers.....	1,226
Inpatient admissions.....	67,951
Outpatient visits.....	706,287
ED visits.....	196,365

Premier Community Health provides a variety of screenings, education, and other services in the communities we serve.



Dollars spent on free care and other unpaid services to families in need:



Dollars invested in community projects and services:

